

Silver key Lunch Menu Served Monday to Saturday 12pm to 5pm

TO START

<u>Homemade Soup of the day</u> (GF)		€3.95	
Nice & Tasty, served with a white roll or brown soda.			
<u>Creamy Seafood chowder</u> (GF)		€5.95	
A fresh seafood mix, finished in a creamy white wine & dill sauce served With soda bread.			
<u>Sticky B-B-Q chicken wings</u>	Small €5.45.	Large €10.50	
Baked wings in a sticky smoked barbecue sauce with a salad garnish & a Blue cheese dip.			
<u>Breaded Garlic mushrooms</u> (V)	Small €5.45.	Large €10.50	
Lightly crumbed button mushrooms golden fried & smothered in garlic butter. Served with a garlic mayo dip.			
<u>Warm Chicken salad</u>	Small €5.75	Large €11.50	
Grilled chicken fillet thinly sliced tossed in olive oil on a bed of rocket leaves, garlic croutons & mixed seeds. Your choice of Balsamic dressing, Garlic mayo, Sweet chilli sauce, B-B-Q sauce, Basil pesto or Cajun sauce to accompany. Served with brown soda.			
<u>Oak Smoked Salmon & rocket salad</u> (GF)(V)	Small €6.25	Large €12.50	
Fresh Local smoked salmon with capers, rocket leaves & red onion. Served with a lemon dressing & brown soda.			
<u>Spicy Nachos</u> (V)	Small €5.25	(Add chicken for €1.50)	Large €10.50
Spicy nachos topped with a tomato & jalapeño sauce, baked with cheddar & Mozzarella cheese and served with sour cream & guacamole dips.			
<u>Spiced Tiger prawn salad</u> (GF)(V)	Small €6.50		Large €13.00
Fresh tiger prawns coated with sweet chilli & flash fried. Served on a bed of Salad with a sweet chilli dip.			
<u>Warm Duck & orange salad</u> (GF)	Small €6.50		Large €13.00
Roasted duck breast thinly sliced tossed in orange oil & served on a bed of Rocket leaves with orange slices.			
<u>Baked Goats cheese tartlet</u>	Small €5.25		Large €10.50
A Pastry tartlet filled with red onion marmalade & goat's cheese, topped with Basil pesto & baked. Served with a salad garnish, pepper relish & balsamic reduction.			
<u>Garlic Cheese ciabatta</u> (V)	Small €4.50		Large €9.00
Baked ciabatta smothered in garlic butter topped with mozzarella cheese & baked. Served with a salad garnish & basil pesto dressing			

Silver key Lunch Menu Main Courses - BEEF & LAMB

Homemade beef burger €10.95

An 8oz ground Irish beef burger in a flour bap with a choice of Toppings. Sauté mushrooms & onions, bacon & cheese, or blue cheese. Served with Pepper sauce, garlic butter or burger relish. With potatoes & veg or fresh chips & salad

Homemade Lamb burger €10.95

An 8oz ground Irish Lamb burger in a flour bap with rocket leaves, red onion marmalade & a fresh mint yogurt. Served with potatoes & veg or fresh chips & salad

Mexican style beef enchilada €10.95

A flour tortilla filled with ground Irish beef in a spicy Mexican sauce, topped with cheese & baked. Served with sour cream & guacamole dips a salad garnish & fresh chips.

Baked beef lasagne €10.95

Homemade ground Irish beef lasagne with garlic bread, topped with cheese & pesto. Served with potatoes & veg or fresh chips & salad.

Silver key Lunch Menu Main Courses - CHICKEN

Chicken & bacon bap €9.50

A toasted flour bap filled with grilled chicken breast, bacon, tomato, lettuce & Smothered in garlic mayo. Served with a salad garnish & fresh chips

Chicken pita €9.50

Warm pita breads filled with breaded chicken Goujons, lettuce, red onion & Sweet chilli mayo. Served with a salad garnish & fresh chips.

Chicken & bacon Caesar salad €9.50

Grilled chicken & bacon tossed with garlic croutons, parmesan cheese, baby cos lettuce & bound in a cesar dressing.

Breaded chicken Goujons €10.95

Golden fried crumbed chicken strips with sweet chilli mayo & garlic mayo dips. Served with potatoes & veg or fresh chips & salad

Warm chicken wrap €10.95

Warm flour tortilla filled with grilled chicken & lettuce with a choice of garlic mayo, Sweet chilli mayo, barbecue sauce, Cajun sauce or basil pesto. Served with a Salad garnish & fresh chips

Silver key Lunch Menu Main Courses - FISH

<u>Pan fried fillets of plaice</u>	€13.50
Fresh fillets of plaice pan fried with tartar sauce and lemon. served with potatoes & veg or fresh chips & salad	
<u>Deep fried Cod in batter</u>	€13.50
Fresh cod fillets coated in a light crisp batter served with mushy peas & fresh cut chips, Lemon & tartar sauce	
<u>Salmon & cod fish cakes</u>	€13.50
A fresh mix of cod & salmon bound with herbs & potato then baked. Served with a Sweet chilli sauce & tartar sauce. With potatoes & veg or chips & salad	
<u>Seafood bake</u>	€13.50
A mix of fresh seafood in a creamy white wine sauce topped with potatoes & cheese Then baked. Served with potatoes & veg or chips & salad	
<u>Seafood tagliatelle</u>	€12.95
Fresh seafood in a creamy white wine sauce with a hint of sweet chilli tossed with tagliatelle pasta, Served with garlic bread.	

Specials – Please ask your server

Roast of the day.

Fish of the day.

Daily special.

All our specials are priced daily.

Silver key Lunch Menu- STEAKS

<i>Prime 8oz sirloin steak</i>	€17.50
<i>Prime 10oz rib eye steak</i>	€19.50
<i>Prime 12oz sirloin steak</i>	€21.50
<i>Prime 8oz fillet steak</i>	€23.95

All our steaks are 100% Irish & cooked to your liking with pepper sauce or garlic butter. Served on a bed of sauté mushrooms & onions, with potatoes & veg or fresh chips & salad.

<u>6oz steak ciabatta</u>	€12.95
Grilled 6oz Irish sirloin steak cooked to your liking served in toasted garlic ciabatta bread with sauté mushrooms & onions, pepper sauce, salad garnish & fresh chips	

Penne pasta

Fresh penne pasta tossed in a cream & basil pesto sauce served with garlic bread.

A choice of.

Chicken €12.50

Sundried tomatoes & mushrooms (V) €10.50

Smoked salmon & blue cheese €12.50

Silver key Lunch Menu Main course - **Stir fries**

Chicken €12.50

Beef strips €12.50

Tiger prawns €13.50

Duck €13.50

Vegetarian €10.50

Tossed in mixed spices, sweet soya sauce & crisp vegetables with garlic bread & Egg noodles or boiled rice.

Sandwich Corner

Fresh cut sandwiches €5.45

On white or brown bread with a salad garnish & a choice of fillings

Ham, beef, chicken, tuna, egg salad, cheese, onions, stuffing

Fresh open sandwich €7.95

On brown soda bread with a salad garnish & a choice of fillings

Ham, beef, chicken, tuna, egg salad, cheese, onions, stuffing

Open smoked salmon or prawn sandwich €9.95

Fresh water prawns or smoked salmon on brown soda bread with a

Salad garnish & Marie rose sauce

Smoked salmon & prawn platter €11.95

Fresh smoked salmon & prawns served with a selection of salads &

Marie rose sauce with brown bread

Cold meat platter €10.45

Cold chicken breast, home cooked ham & roast beef with a selection of salads

& relish with brown bread

Baked Panini €9.50

Baked Panini filled with chicken, mozzarella cheese with a Sweet chilli sauce with a salad

garnish & fresh chips

Key toasted special €9.50

Toasted on white or brown bread with ham or chicken, cheese, tomato &

Red onion with a salad garnish & fresh chips

Cold tortilla wrap Or toasted sesame seed bagel €7.95

Flour tortilla wrap or sesame seed bagel with salad & a choice of fillings

Ham, beef, chicken, tuna, egg salad, cheese, onions, stuffing.

Prawn Marie rose or Smoked salmon & cream cheese =€1.50 supplement

Side orders

Potatoes OR vegetables €2.50

Fresh cut chips €2.50

Baked potato €2.50

Side salad €2.50

Desserts €3.75

-Bread & butter pudding with custard
-Cheese cake of the day
-Assorted ice cream with chocolate sauce

-Rhubarb & strawberry crumble
-Warm chocolate fudge cake
-Chef's dessert of the day

Kids menu €5.50

Chicken Goujons

4oz beef burger

Sausages

Salmon & cod fish cake

Half Roast of the day €6.50

All the above are served with
Potatoes & veg or fresh chips & salad.

Penne pasta in a creamy cheese sauce with garlic bread

A choice of ice cream & chocolate sauce €2.95

Warm chocolate fudge brownie €2.95

ALL OUR VEGETARIAN DISHES WILL BE MARKED WITH A {V} SYMBOL

ALL OUR GLUTEN FREE DISHES WILL BE MARKED WITH {GF} SYMBOL

All our meat & fish products are sourced locally

Special drinks offer with food...

PEPSI/DIET PEPSI

FIZZY ORANGE OR RED LEMONADE

STILL OR SPARKLING WATER

SPRITE/DIET SPRITE

EITHER OF THE ABOVE FOR €1 only....

That's a saving of €1.50 per item

*We hope you enjoyed your time with us.
Thank you.*